

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 14:01
Heat: 2/8 Lane : 4 Athlete: VAN DIJCK LOTTE			Q-time: 00:42:71
PB (25m pool): 00:42.71 Herentals 09/05/2026			PB (50m pool): 00:43.49 SB: no time
	2 5 M	5 0 M	
PB		00:42.71	
		00:42.71	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/8 Lane : 6 Athlete: KENIS STERRE			Q-time: 00:39:44
PB (25m pool): 00:39.44 Herentals 09/05/2026			PB (50m pool): 00:39.73 SB: no time
	2 5 M	5 0 M	
PB		00:39.44	
		00:39.44	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/8 Lane : 5 Athlete: MELIS FEE			Q-time: 00:35:24
PB (25m pool): 00:35.24 Herentals 09/05/2026			PB (50m pool): 00:37.42 SB: no time
	2 5 M	5 0 M	
PB		00:35.24	
		00:35.24	
			

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:07
Heat: 7/8 Lane : 3 Athlete: GRAHAM JIL			Q-time: 00:31:17
PB (25m pool): 00:31.17 Hoogstraten 28/09/2025			PB (50m pool): 00:32.69 SB: no time
	2 5 M	5 0 M	
PB		00:31.17	
		00:31.17	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 1 Athlete: VAN BOCKSTAL YOANNA			Q-time: 00:30:87
PB (25m pool): 00:30.87 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:31.11 SB: no time
	2 5 M	5 0 M	
PB		00:30.87	
		00:30.87	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 5 Athlete: WILLAERT AYLA			Q-time: 00:30:13
PB (25m pool): 00:29.89 Nijlen 17/11/2024			PB (50m pool): 00:29.92 SB: no time
	2 5 M	5 0 M	
PB		00:29.89	
		00:29.89	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 6 Athlete: MELIS VLINDER			Q-time: 00:31:06
PB (25m pool): 00:31.06 Herentals 09/05/2026			PB (50m pool): 00:31.31 SB: no time
	2 5 M	5 0 M	
PB		00:31.06	
		00:31.06	
			

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:14
Heat: 4/9 Lane : 1 Athlete: DOCHITA EDUARD			Q-time: 00:35:42
PB (25m pool): 00:35.42 Herentals 09/05/2026			PB (50m pool): 00:36.50 SB: no time
	2 5 M	5 0 M	
PB		00:35.42	
		00:35.42	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:15
Heat: 5/9 Lane : 5 Athlete: COUVREUR FRED			Q-time: 00:32:01
PB (25m pool): 00:32.01 Herentals 09/05/2026			PB (50m pool): 00:32.70 SB: no time
	2 5 M	5 0 M	
PB		00:32.01	
		00:32.01	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 14:16
Heat: 6/9 Lane : 6 Athlete: KEUSTERMANS LARD			Q-time: 00:31:67
PB (25m pool): 00:31.67 Herentals 09/05/2026			PB (50m pool): 00:32.29 SB: no time
	2 5 M	5 0 M	
PB		00:31.67	
		00:31.67	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 14:24
Heat: 1/8 Lane : 5 Athlete: BROERS KATO			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

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Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:27
Heat: 3/8 Lane : 3 Athlete: VAN DIJCK LOTTE			Q-time: 00:41:95
PB (25m pool): 00:41.95 Herentals 09/05/2026			PB (50m pool): 00:43.24 SB: no time
	2 5 M	5 0 M	
PB		00:41.95	
		00:41.95	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 14:28
Heat: 4/8 Lane : 1 Athlete: KENIS STERRE			Q-time: 00:40:89
PB (25m pool): 00:40.89 Nijlen 16/11/2025			PB (50m pool): 00:40.29 SB: no time
	2 5 M	5 0 M	
PB		00:40.89	
		00:40.89	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 14:30
Heat: 5/8 Lane : 2 Athlete: MELIS FEE			Q-time: 00:38:32
PB (25m pool): 00:39.02 Nijlen 16/11/2025			PB (50m pool): 00:38.47 SB: no time
	2 5 M	5 0 M	
PB		00:39.02	
		00:39.02	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:31
Heat: 6/8 Lane : 2 Athlete: ROMBOUTS FLOOR			Q-time: 00:35:06
PB (25m pool): 00:35.06 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:35.14 SB: no time
	2 5 M	5 0 M	
PB		00:35.06	
		00:35.06	
			

Coach feedback:

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Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:32
Heat: 7/8 Lane : 3 Athlete: GRAHAM JIL			Q-time: 00:33:68
PB (25m pool): 00:32.26 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:34.45 SB: no time			
	2 5 M	5 0 M	
PB		00:32.26	
	00:32.26		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 2 Athlete: MELIS VLINDER			Q-time: 00:31:74
PB (25m pool): 00:31.94 Sinbad 22/07/2025 PB (50m pool): 00:32.07 SB: no time			
	2 5 M	5 0 M	
PB		00:31.94	
	00:31.94		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 4 Athlete: WILLAERT AYLA			Q-time: 00:31:63
PB (25m pool): 00:31.46 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:32.05 SB: no time			
	2 5 M	5 0 M	
PB		00:31.46	
	00:31.46		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 5 Athlete: VAN BOCKSTAL YOANNA			Q-time: 00:32:45
PB (25m pool): 00:32.45 Herentals 09/05/2026 PB (50m pool): 00:33.00 SB: no time			
	2 5 M	5 0 M	
PB		00:32.45	
	00:32.45		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 14:39
Heat: 4/7 Lane : 1 Athlete: DOCHITA EDUARD			Q-time: 00:37:98
PB (25m pool): 00:38.85 Nijlen 16/11/2025			PB (50m pool): 00:38.39 SB: no time
	2 5 M	5 0 M	
PB		00:38.85	
		00:38.85	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 14:41
Heat: 5/7 Lane : 3 Athlete: COUVREUR FRED			Q-time: 00:33:63
PB (25m pool): 00:33.63 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:33.69 SB: no time
	2 5 M	5 0 M	
PB		00:33.63	
		00:33.63	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 14:42
Heat: 6/7 Lane : 1 Athlete: KEUSTERMANS LARD			Q-time: 00:33:42
PB (25m pool): 00:33.90 Herentals 09/05/2026			PB (50m pool): 00:34.50 SB: no time
	2 5 M	5 0 M	
PB		00:33.90	
		00:33.90	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MIXED 10-9			Heat:2, starttime: 14:46
Heat: 2/2 Lane : 5 Athlete: VAN DE VLOET FLORIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:17
Heat: 5/10 Lane : 4 Athlete: VAN DIJCK LOTTE					Q-time: 01:28:90
PB (25m pool): 01:28.90 Kalmthout 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.90	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:23
Heat: 8/10 Lane : 3 Athlete: MELIS FEE					Q-time: 01:17:31
PB (25m pool): 01:17.31 Herentals 09/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.31	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 1 Athlete: VAN BOCKSTAL YOANNA					Q-time: 01:12:98
PB (25m pool): 01:12.98 Hoogstraten 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.98	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 2 Athlete: MELIS VLINDER					Q-time: 01:08:90
PB (25m pool): 01:08.90 Herentals 09/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.30		01:08.90	
	00:31.30		00:37.60		
					

Coach feedback:

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Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 3 Athlete: WILLAERT AYLA					Q-time: 01:07:17
PB (25m pool): 01:06.67 Mol 29/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.61		01:06.67	
	00:30.61		00:36.06		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 5 Athlete: GRAHAM JIL					Q-time: 01:10:93
PB (25m pool): 01:10.93 Hoogstraten 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.93	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:31
Heat: 2/6 Lane : 6 Athlete: KEUSTERMANS LARD					Q-time: 99:99:99
PB (25m pool): 01:14.18 LAGO Zwevegem 20/05/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.18	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:35
Heat: 4/6 Lane : 4 Athlete: COUVREUR FRED					Q-time: 01:13:28
PB (25m pool): 01:13.28 Hoogstraten 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.28	
	no time				
					

Coach feedback:

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Event number: 8: 100M MEDLEY MEN 11+				Heat:4, starttime: 15:35	
Heat: 4/6 Lane : 5 Athlete: DOCHITA EDUARD				Q-time: 01:16:80	
PB (25m pool): 01:16.80 Herentals 09/05/2026				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.33		01:16.80	
	00:35.33		00:41.47		
					

Coach feedback:

Event number: 9: 100M MEDLEY MIXED 10-9				Heat:1, starttime: 15:41	
Heat: 1/3 Lane : 3 Athlete: BOGHIU KIM				Q-time: 01:52:15	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY MIXED 10-9				Heat:3, starttime: 15:46	
Heat: 3/3 Lane : 6 Athlete: FABRY LIEZE				Q-time: 01:40:17	
PB (25m pool): 01:40.17 Herentals 09/05/2026				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.64		01:40.17	
	00:47.64		00:52.53		
					

Coach feedback:

Event number: 10: 50M BREASTSTROKE MIXED 10-9				Heat:1, starttime: 16:08	
Heat: 1/1 Lane : 2 Athlete: VAN DE VLOET FLORIS				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 16:12
Heat: 2/9 Lane : 1 Athlete: BROERS KATO			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 16:16
Heat: 5/9 Lane : 5 Athlete: KENIS STERRE			Q-time: 00:44:72
PB (25m pool): 00:44.72 Herentals 09/05/2026			PB (50m pool): 00:46.49 SB: no time
	2 5 M	5 0 M	
PB		00:44.72	
	00:44.72		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 16:17
Heat: 6/9 Lane : 6 Athlete: VAN DIJCK LOTTE			Q-time: 00:43:63
PB (25m pool): 00:43.63 Herentals 09/05/2026			PB (50m pool): 00:45.06 SB: no time
	2 5 M	5 0 M	
PB		00:43.63	
	00:43.63		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 2 Athlete: GRAHAM JIL			Q-time: 00:38:59
PB (25m pool): 00:38.59 Hoogstraten 28/09/2025			PB (50m pool): 00:40.14 SB: no time
	2 5 M	5 0 M	
PB		00:38.59	
	00:38.59		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 3 Athlete: ROMBOUTS FLOOR			Q-time: 00:38:27
PB (25m pool): 00:38.27 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:38.65 SB: no time
	2 5 M	5 0 M	
PB		00:38.27	
		00:38.27	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 16:20
Heat: 8/9 Lane : 6 Athlete: MELIS FEE			Q-time: 00:40:74
PB (25m pool): 00:40.74 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:40.38 SB: no time
	2 5 M	5 0 M	
PB		00:40.74	
		00:40.74	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 16:21
Heat: 9/9 Lane : 4 Athlete: WILLAERT AYLA			Q-time: 00:34:14
PB (25m pool): 00:33.96 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:34.18 SB: no time
	2 5 M	5 0 M	
PB		00:33.96	
		00:33.96	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 16:21
Heat: 9/9 Lane : 5 Athlete: MELIS VLINDER			Q-time: 00:35:79
PB (25m pool): 00:36.53 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:37.09 SB: no time
	2 5 M	5 0 M	
PB		00:36.53	
		00:36.53	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 16:21
Heat: 9/9 Lane : 6 Athlete: VAN BOCKSTAL YOANNA			Q-time: 00:37:80
PB (25m pool): 00:37.80 Temse 17/11/2025			PB (50m pool): 00:39.36 SB: no time
	2 5 M	5 0 M	
PB		00:37.80	
		00:37.80	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 16:28
Heat: 5/9 Lane : 3 Athlete: COUVREUR FRED			Q-time: 00:38:03
PB (25m pool): 00:38.76 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:38.88 SB: no time
	2 5 M	5 0 M	
PB		00:38.76	
		00:38.76	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 16:28
Heat: 5/9 Lane : 6 Athlete: DOCHITA EDUARD			Q-time: 00:42:31
PB (25m pool): 00:43.49 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:42.35 SB: no time
	2 5 M	5 0 M	
PB		00:43.49	
		00:43.49	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 16:29
Heat: 6/9 Lane : 1 Athlete: KEUSTERMANS LARD			Q-time: 00:37:36
PB (25m pool): 00:37.74 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:38.05 SB: no time
	2 5 M	5 0 M	
PB		00:37.74	
		00:37.74	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 16:35
Heat: 2/3 Lane : 3 Athlete: BOGHIU KIM			Q-time: 00:40:59
PB (25m pool): 00:44.27 Kalmthout 08/02/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.27	
		00:44.27	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 1 Athlete: FABRY LIEZE			Q-time: 00:39:60
PB (25m pool): 00:39.60 Kalmthout 08/02/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:39.60	
		00:39.60	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 2 Athlete: VAN DIJCK LOTTE			Q-time: 00:36:43
PB (25m pool): 00:36.43 Herentals 09/05/2026			PB (50m pool): 00:37.97 SB: no time
	2 5 M	5 0 M	
PB		00:36.43	
		00:36.43	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:43
Heat: 5/11 Lane : 4 Athlete: KENIS STERRE			Q-time: 00:34:56
PB (25m pool): 00:34.56 Arendonk 31/05/2026			PB (50m pool): 00:35.34 SB: no time
	2 5 M	5 0 M	
PB		00:34.56	
		00:34.56	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:45
Heat: 7/11 Lane : 4 Athlete: MELIS FEE			Q-time: 00:32:28
PB (25m pool): 00:32.28 Arendonk 31/05/2026			PB (50m pool): 00:32.70 SB: no time
	2 5 M	5 0 M	
PB		00:32.28	
		00:32.28	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:48
Heat: 10/11 Lane : 5 Athlete: GRAHAM JIL			Q-time: 00:29:92
PB (25m pool): 00:29.08 Sint-Amandsberg 22/10/2023			PB (50m pool): 00:30.19 SB: no time
	2 5 M	5 0 M	
PB		00:29.08	
		00:29.08	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:49
Heat: 11/11 Lane : 1 Athlete: VAN BOCKSTAL YOANNA			Q-time: 00:28:51
PB (25m pool): 00:28.51 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:29.51 SB: no time
	2 5 M	5 0 M	
PB		00:28.51	
		00:28.51	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:49
Heat: 11/11 Lane : 4 Athlete: WILLAERT AYLA			Q-time: 00:27:82
PB (25m pool): 00:27.03 Eeklo 01/04/2024			PB (50m pool): 00:27.36 SB: no time
	2 5 M	5 0 M	
PB		00:27.03	
		00:27.03	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:49
Heat: 11/11 Lane : 5 Athlete: MELIS VLINDER			Q-time: 00:28:35
PB (25m pool): 00:28.41 Herentals 09/05/2026			PB (50m pool): 00:29.32 SB: no time
	2 5 M	5 0 M	
PB		00:28.41	
		00:28.41	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:54
Heat: 4/10 Lane : 1 Athlete: DOCHITA EDUARD			Q-time: 00:32:47
PB (25m pool): 00:32.47 Arendonk 31/05/2026			PB (50m pool): 00:33.34 SB: no time
	2 5 M	5 0 M	
PB		00:32.47	
		00:32.47	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:55
Heat: 5/10 Lane : 3 Athlete: COUVREUR FRED			Q-time: 00:29:57
PB (25m pool): 00:29.57 Herentals 09/05/2026			PB (50m pool): 00:29.86 SB: no time
	2 5 M	5 0 M	
PB		00:29.57	
		00:29.57	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:56
Heat: 6/10 Lane : 5 Athlete: KEUSTERMANS LARD			Q-time: 00:28:92
PB (25m pool): 00:28.92 Herentals 09/05/2026			PB (50m pool): 00:29.21 SB: no time
	2 5 M	5 0 M	
PB		00:28.92	
		00:28.92	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: HOZT

Event number: 16: 4x50M MEDLEY MIXED							Heat:2, starttime: 17:25	
Heat: 2/3 Lane : 6 Athlete: TEAM HOZT 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: